My morning routine



Step	Mon	Tue	Wed	Thu	Fri
Wake up and stretch	☐	☐	☐	☐	☐
Bathroom and wash hands	☐	☐	☐	☐	☐
Get dressed	☐	☐	☐	☐	☐
Breakfast	☐	☐	☐	☐	☐
Brush teeth	☐	☐	☐	☐	☐
Brush hair	☐	☐	☐	☐	☐
Shoes, coat, backpack	☐	☐	☐	☐	☐
_____	☐	☐	☐	☐	☐

Check a box after each step. A full row earns a big Lumi cheer!

For personal and classroom use.