My 2027 resolutions





Name _____

Looking back at 2026

My best memory

_____

_____

_____

Something I am proud of

_____

_____

_____

Something new I learned

_____

_____

_____

In 2027, I will

Learn something new

_____

_____

Be kind to someone

_____

_____

Help more at home

_____

_____

Start one good habit

_____

_____

Do this with my family

_____

_____

Try something brave

_____

_____

My word for the year

Signed _____

Date _____

Small steps count. Keep going!

My 2027 resolutions · For personal and classroom use.

One goal, small steps



Pick the resolution you care about most.
Break it into steps you can really do.

My goal

Why it matters to me

Three small steps (check each one when it is done)

1. ☐
2. ☐
3. ☐

Who can help me or cheer me on

I will start on

Month by month: color a box for each month you kept going

Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec

If I miss a day: that is not the end. I will start again the next day, and I will tell someone who cheers me on.

One goal, small steps · For personal and classroom use.

40 resolution ideas





Check the ones you like. Then pick one, two or three and write them on your worksheet in your own words.

Family and home

- [ ] Make my bed every morning
- [ ] Set the table without being asked
- [ ] Say thank you to whoever cooked
- [ ] Call or write a grandparent once a month
- [ ] Learn to cook one family recipe
- [ ] Do my chores before I am asked
- [ ] Read to a little brother, sister or cousin
- [ ] Plan one family game night
- [ ] Keep my room tidy for a whole week
- [ ] Say sorry first when I am wrong

Friends and kindness

- [ ] Sit with someone who is alone at lunch
- [ ] Give one real compliment a day
- [ ] Write a thank-you note every month
- [ ] Listen without interrupting
- [ ] Keep every promise I make
- [ ] Cheer for a friend, even when I lose
- [ ] Help a neighbor with yard work
- [ ] Bring cans to a food drive at church or school
- [ ] Speak up kindly when someone is left out
- [ ] Make a birthday card for a friend

School and learning

- [ ] Read 12 books this year, one a month
- [ ] Start homework before dinner
- [ ] Ask one question in class every week
- [ ] Pack my bag the night before
- [ ] Learn five new words a week
- [ ] Practice my instrument 15 minutes a day
- [ ] Write in a journal every Sunday
- [ ] Learn to sew, bake or build something
- [ ] Study a little each day, not all at once
- [ ] Finish what I start

Habits and outdoors

- [ ] Play outside every day
- [ ] Put my phone away at dinner
- [ ] Go to bed on time on school nights
- [ ] Drink water with every meal
- [ ] Try one new food a month
- [ ] Save part of my allowance
- [ ] Learn to ride, skate or swim
- [ ] Take a family walk every weekend
- [ ] Give away clothes and toys I have outgrown
- [ ] Say one thing I am thankful for each night

Resolution ideas for kids, teens and students · For personal and classroom use.